

Preparing For My Next Clinic Appointment



The purpose of this sheet is to help you and your pump team focus the discussion at your next appointment so that the visit addresses your needs (as the pump user). It may also help answer any questions you may have or to share anything you have experienced since your last clinic visit.

Once completed, it is a good idea take this sheet in with you to your appointment so you don't forget what you want to discuss with the team.

How do I feel about my upcoming clinic appointment ???



I'm feeling this way because.....

Thinking about the past few months what has gone really well?

Something I might do differently next time

I would like to know more about ...

Hypoglycaemia		Basal Rates (Reviewing, Temporary etc)	
Activity / Sports		Sick Day Rules	
Monitoring (e.g. Blood glucose, Flash, CGM)		Advance Pump Features	
Carb Counting / Food Choices		Conception/Pregnancy	
Travel		Other	

Questions I have.....



Educate



Empower



Evaluate



Evolve